Our Actions Build a Caring Community

Dementia Capable COMMUNITIES

1 Nina is going to a birthday party with her daughter and grandchildren.

2 Nina worries about whether there will be an accessible washroom, if it will be too noisy, and how people will react to her dementia diagnosis.

3 Her daughter drives everyone to the party. Nina is happy that the party is relaxed and that she found a quiet area to take breaks.

4 Most people include Nina in conversations. One uncle seems uncomfortable around Nina and doesn't talk directly to her.

5 The party gets more crowded, making Nina feel disoriented. She does not remember where the washroom is and feels embarrassed.

6 Nina remembers her cousin offering to help her at the party. They help Nina get to the washroom on the main floor.

7 Her cousin waits for her, then brings her to a quiet place where they can talk.

8 Nina talks with her grandchildren about how fun the party was.

Illustration by
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